White. 1624.

A new Almanacke, and Prognostication for the yeere of our Lord God 1624.

C 28 a 3

Being the *Bissextile*, or leape yeere.

Calculated for the Meridian of the most Honorable Citie of London, and will serue generally for the Monarchie of great Brittaine.

By IOHN WHITE, well-willer to the Mathematickes.

God said, Let there be Lights in the Firmament of Heauen, to separate the Day from the Night, and let them be for Signes, and for Seasons, and for Dayes, and Yeeres, &c.

LONDON
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K. Ephemerides.

The beginning and ending of the Termes this present yeere 1624. with their Returnes.

Hillary Terme beginneth on the 23. day of January, and endeth the 12. of Februarie, and hath 4. Returnes.

Octab. Hillar.	Craft. Purific.
Quind. Hillar.	Octa. Purific.

Easter Terme beginneth on the 14. day of Aprill, and endeth on the 10. of May, and hath 5. Returnes.

Quind. Pasch.		Quind. Pasch.
Tres Pasch.	Mense Pasch.	Craft. Ascen.

Trinity Terme beginneth on the 28. of May, and endeth on the 16. of June, and hath 4. Returnes.

Craft. Trinit	Quind. Trin.
Octa. Trinit.	Tres Trin.

Michaelmas Terme beginneth the 9. of October, and endeth on the 29. of Nouemb. and hath 8. Returnes

Octa. Mich.	Craft. Anima.
Quind. Mich.	Craft Mart.
Tres Mich.	Octa. Mart.
Mens. Mich.	Quind. Mart.

Note that vpon these dayes following, the Iudges of Westminster doe not vse to sit in iudgement, nor vpon any Sundayes.

In Hillary, Easter, Trinitie, Michaelmas Terme on Candlemas, Ascention, Midsommer, All-Saints.

Note also, that the Exchequer openeth eight dayes before any Terme beginneth, except Trinity Terme, in which Terme it openeth but foure dayes before.

Also the first and last dayes of euery Terme, are the first and last of Appearance.

The common and moueable Notes according to the

Old Accompt.		New Accompt.
10	The Golden Number.	10
9	The Cycle of the Sun.	9
20	The Epact.	10
7	The Roman Indiction	7
8 Febr.	Septuag. Sunday.	18 Febr.
11 Febr.	Ash-wednesday.	21 Febr.
28 March.	Easter-day.	7 April.
2 May.	Rogation Sunday.	12 May.
6 May.	Ascension day.	16 May.
16 May.	Whitsunday.	26 May.
28 Nouem.	Aduent Sunday.	1 Decem.

Vomits.
Glisters.
Gargarismes.
Preparatiues.
Stop Rhewmes & Fluxes
Purge by neezing.

The Moone or Signe in ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓

Fit times for Blood-letting.

Let blood the Sanguine, from the New Moone to the first Quarter.
The Cholerick, from the first Quarter to the Full.
The Flegmatick, from the New Moone to the last Quarter.
The Melancholy, from the last Quarter to the New Moone.

Dangerous times for Blood letting.

It is dangerous to let blood in the heate of Summer, or cold of Winter, and when the Moone is in that Signe which gouerneth that part of the Body you would let blood. Likewise, within two dayes of the Change, or Full of the Moone, it is not to bee done without vrgent cause, as the Apoplexie, Squinancie, or such violent Maladies.

The Anatomie of Mans body, as the parts thereof are gouerned by the twelue Celestiall Signes.

Aries, Head and face.

Taurus, Neck and throat.

Cancer, Brest and stomacke.

Virgo, Bowels & Belly.

Scorpio, Secret members.

Capricorn the knees

Gemini, Armes & shoulders

Leo, Hart and backe.

Libra, Reynes & loynes.

Sagitarius The thighes.

Aquarius The legs.

Pisces, the feet.

THe fiery Ram he ruleth Head and Face,
In Neck and Throat the Bull doth challenge place.
The ayrie Twins, they gouerne Armes and Hands,
The Breast and Stomack Cancer shee commands.
The lustie Lion he hath Back and Heart,
Bowels and Belly is the Virgins part;
In Loynes and Reynes is Libraes liberties,
And Scorpio rules the Stones and Priuities:
The Thighes and Haunch is Sagitarius song,
And both the Knees to Capricorne belong:
Aquarius makes the Legs much aches feele,
And Pisces rules the Feete from Toe to Heele.

Ianuarie hath xxxj. dayes.

Warme Meates and Clothes this Month are good; Take heed of Bathes, and letting Blood.

1. day, Sun riseth at 8. and 0. min. sets at 4. and 0. min.
10. day, Sun riseth at 7. and 19. min. sets at 4. and 11. min.
20. day, Sun riseth at 7. and 34 min. sets at 4. and 26. min.

i	b	New yeer. D.	Virg.	24		1	D
ij	c	Oct. Steph.	Libr.	7		12	e
iij	a	Oct. John.	Libr.	20	Last quar=	13	f
iiij	D	Oct. Innoc.	Scor.	4	ter the iij. day	14	G
v	e	Edw. depos.	Scor.	19	half an houre	15	a
vi	f	Twelfe day	Sagit.	3	after one of	16	b
vij	g	Felix & Jan.	Sagit.	18	the clock past	17	c
viij	a	Lucian priest	Capr.	3	noone.	18	d
ix	b	Joyce Virgin	Capr.	18		19	e
x	c	Solon Aquar.	Aqua.	3		20	f
xi	D	Linus mart.	Aqua.	17	● Newe	21	G
xij	e	Archad mart.	Pisc.	4	moone the x.	22	a
xiij	f	Hilarie Bish.	Pisc.	15	day, halfe an	23	b
xiiij	g	Felix Priest	Pisc.	29	hour after iiij.	24	c
xv	a	Maurice	Ari.	12	of the clock in	25	d
xvi	b	Marcell. bish.	Ari.	25	the morning.	26	e
xvij	c	Anthony dep.	Taur.	8		27	f
xviij	D	Prisca Virg.	Taur.	20		28	G
xix	e	Wolstan bish.	Gem.	2	☽ First quar.	29	a
xx	f	Fab. & Seb.	Gem.	14	the xvij. day,	30	b
xxi	g	Agnes Virg.	Gem.	26	at vij. of the	31	c
xxij	a	Vincent mar.	Canc.	8	clock in the	1	d
xxiij	b	Terme begin.	Canc.	20	morning.	2	e
xxiiij	c	Timothy	Leo.	2		3	e
xxv	D	Septuagesima.	Leo.	24		4	G
xxvi	e	Policarp bish	Leo.	26	○ Full moon	5	a
xxvij	f	Agnes the 2.	Virg.	8	the xxv. day,	6	b
xxviij	g	Valerius bish	Virg.	21	at xij. of the	7	c
xxix	a	Theodore pr.	Libr.	4	clock at noon.	8	d
xxx	b	Bartild Mu.	Libr.	17		9	e
xxxi	c	Saturnine	Scor.	0		10	f

Februarie hath xxix. dayes.

Milke, Herbs, and fennish Fowle denie:
Purge not, nor vse Phlebotomie.

1. day, Sun riseth at 7. and 13. min. sets at 4. and 46. min.
10. day, Sun riseth at 7. and 56. min. sets at 5. and 4. min.
20. day, Sun riseth at 6. and 36. min. sets at 5. and 24. min.

i			Scor.	14		11	
ij	e		Scor.	29	Last quar.	12	a
iij	f	Blase bish.	Sagit.	13	the first day	13	b
iiij	g	Gilbert bish.	Sag.	28	half an houre	14	c
v	a	Agathe virg.	Capr.	12	after xi. of the	15	d
vi	b	Ved. & Ambr.	Capr.	27	clock at night	16	e
vij	c	Anguli bish.	Aqua.	12		17	f
viij			Aqua.	26		18	
ix	e	Scholastica	Pisc.	10	● Newe	19	a
x	f		Pisc.	23	moon the viij.	20	b
xi	g	Ash-wednesd.	Aries	7	day, a quarter	21	c
xij	a		Aries.	20	of an houre	22	d
xiij	b	Wolstan bish.	Taur.	3	past three of	23	e
xiiij	c	Valentine	Taur.	15	the clocke in	24	f
xv			Taur.	28	the afternoon.	25	
xvi	e	Julian virg.	Gem.	10		26	a
xvij	f	Politrone	Gem.	22		27	b
xviij	g	Ember week.	Canc.	4	First quar.	28	c
xix	a	Pr. Henr. borne	Canc.	16	the xvi. day,	29	d
xx	b	Mildred vir.	Canc.	28	at one of the	1	e
xxi	c	79. Martyrs	Leo.	10	clocke in the	2	f
xxij		Peters chaire	Leo.	23	morning.	3	
xxiij	e	Policarp.	Virg.	5		4	a
xxiiij	f	Locus b.	Virg.	18		5	b
xxv	f		Libr.	0	● Ful moon	6	c
xxvi	g	Nestor mart.	Libr.	14	the xxiiij day,	7	d
xxvij	a	August. bish.	Libr.	27	at foure of the	8	e
xxviij	b	Oswald bish.	Scor.	11	clocke in the	9	f
xxix		Romanus	Scor.	25	morning.	10	

Note that 60. minutes maketh an houre, 30. minutes makes halfe an houre, and 15. maketh a quarter.

Grosse Meates doe hurt, vse Foode that's fine;
Let blood, and take some Medicine.

1. day, Sun riseth at 6. and 19. min. sets at 5. and 41. min.
10. day, Sun riseth at 6. and 1. min. sets at 5. and 5. min.
20. day, Sun riseth at 5. and 45. min. sets at 6. and 19. min.

i	d	Dauid Bish.	Sag.	9	Last quart.	11	g
ij	e	Chadde	Sag.	24	the second day	12	a
iij	f	Maurice	Capr.	8	at seuen of the	13	b
iiij	g	Adrian mart.	Capr.	23	clocke in the	14	c
v	a	Focas	Aqua.	7	morning.	15	d
vi	b	Victor & vict.	Aqua.	21		16	e
vij	c	Perpetua	Pisc.	5	● Newe	17	
viij	d	Felix mart.	Pisc.	19	moone the ix.	18	g
ix	e	40. Martyrs.	Aries.	2	day, halfe an	19	a
x	f		Aries.	15	houre after iij.	20	b
xi	g	Quirian	Aries.	28	of the clock in	21	c
xij	a	Gregory bish.	Taur.	11	the morning.	22	d
xiij	b	Theodorus	Taur.	23		23	e
xiiij	c	Candide mar	Gem.	5	☽ First quar.	24	
xv	d	Longine mar	Gem.	17	the xvj. day,	25	g
xvi	e	Boniface bi.	Canc.	0	at eleuen of ye	26	a
xvij	f	Patricke	Canc.	12	clock at night	27	b
xviij	g	Edward kin.	Canc.	24		28	c
xix	a	Joc. Wa. hus.	Leo.	6	Moon eclipsd	29	d
xx	b	Cuthbert	Leo.	19	●	30	e
xxi	c	Benedict	Virg.	1	Full Moone	31	
xxij	d	Afrodise	Virg.	14	the xxiiij. day,	1	g
xxiij	e	Theodore	Virg.	27	a quart. of an	2	a
xxiiij	f		Libr.	10	houre past v.	3	b
xxv	g		Libr.	23	of the clocke	4	c
xxvi	a	Castor mart.	Scor.	7	at night.	5	d
xxvij	b	Martian fast	Scor.	21		6	e
xxviij	c	Easter day	Sag.	5	☾ Last quar.	7	
xxix	d	Quintine	Sagit.	20	the xxxi. day,	8	g
xxx	e	Quirine	Capr.	4	at one of the	9	a
xxxi	f	Adelme	Capr.	19	clock after=	10	b
					noone.		

The blood being hot, coole herbes now vse;
And Marches precepts not refuse.

1. day, Sun riseth at 5. and 18. min. sets at 6. and 42. min.
10. day, Sun riseth at 5. and 1. min. sets at 6. and 59. min.
20. day, Sun riseth at 4. and 43. min. sets at 6. and 17. min.

i	g	Gildard	Aqua.	3		11	c
ij	a	Mary Egypt	Aqua.	17	● Newe	12	d
iij	b	Richard bish.	Pisc.	1	moon the ij.	13	e
iiij	c	Ambrose.	Pisc.	15	day, at flue of	14	f
v	d	Vincentius	Pisc.	28	the clocke in	15	g
vi	e	Sixtus bish.	Ari.	11	the euening.	16	a
vij	f	Euphemia	Ari.	24		17	b
viij	g	Egisippus	Taur.	7		18	c
ix	a	Perpetuus	Taur.	19	☽ First quar.	19	d
x	b	7. Virgins	Gem.	1	the xv. day,	20	e
xi	c	Sol in Taurus	Gem.	13	three quarters	21	f
xij	d	Julius bish.	Gem.	25	of an hour af=	22	g
xiij	e	Zenon bish.	Canc.	7	ter v. of the	23	a
xiiij	f	Cerule begin	Canc.	19	clock in the e=	24	b
xv	g	Oswold arch.	Leo.	1	uening.	25	c
xvi	a	Isodore bish.	Leo.	14		26	d
xvij	b	Anicete	Leo.	26		27	e
xviij	c	Eluther. bish.	Virg.	9	○ Ful moon	28	f
xix	d	Alphege bish.	Virg.	22	the xxiij. day,	29	g
xx	e	Victor bish.	Libr.	5	three quar. of	30	a
xxi	f	Simon bish.	Libr.	19	an hour after	1	b
xxij	g	Sother virg.	Scor.	2	three of the	2	c
xxiij	a	S. George	Scor.	16	clocke in the	3	d
xxiiij	b	Wilfrid	Sag.	1	morning.	4	e
xxv	c	Mark Euan.	Sag.	15		5	f
xxvi	d	Elere bish.	Capr.	0	☾ Last quar.	6	g
xxvij	e	Anastatius	Capr.	15	the xxix. day,	7	a
xxviij	f	Vitalis mart.	Capr.	29	at seuen of the	8	b
xxix	g	Peter of Mil.	Aqua.	14	clock at night	9	c
xxx	a	Dep. of Erk.	Aqua.	28		01	d

Put Sage in drinke; drinke Mormwood wine;
Use Phisicks helpe, and rise betime.

1. day, Sun riseth at 4. and 25. min. sets at 7. and 35. min.
10. day, Sun riseth at 4. and 22. min. sets at 7. and 48. min.
20. day, Sun riseth at 4. and 0. min. sets at 8. and 0. min.

i	b	Phil. & Iac.	Pisc.	12		11	e	
ij	c	Rogat. sund.	Pisc.	25		12	f	
iij	d	Athanasius	Ari.	8	● Newe	13	g	
iiij	e	Inuen. Cruc.	Ari.	21	moon the vij.	14	a	
v	f	Chzistopher	Taur.	3	day, at vij. of	15	b	
vi	g	Ascention day	Taur.	16	the clocke in	16	c	
vij	a	John Beuer.	Taur.	28	the mozning.	17	d	
viij	b	Ippa. Mich.	Gem.	10		18	e	
ix	c	Tran. Mich.	Gem.	22		19	f	
x	d	Cerme ends.	Canc.	3	☽ First quar.	20	g	
xi	e	Gozdian & E.	Canc.	15	the xv. day, a	21	a	
xij	f	Sol in Gemini.	Canc.	27	quarter of an	22	b	
xiij	g	Cozona bish.	Leo.	9	houre after x.	23	c	
xiiij	a	Bonifface	Leo.	22	of the clocke	24	d	
xv	b	Isidoze. fast	Virg.	4	before noone.	15	e	
xvi	c	Whitsunday.	Virg.	17		26	f	
xvij	d	Transl. Bar.	Libz.	0		27	g	
xviij	e	Wiolcoz.mar.	Libz.	13	● Ful moon	28	a	
ix	f	Ember week.	Libz.	27	the xxij. day,	29	b	
xx	g	Barnardine	Scoz.	11	at xij. of the	30	c	
xxi	a	Hellen Mu.	Scoz.	25	clock at noone	31	d	
xxij	b	Dessder.mar.	Sag.	10		1	e	
xxiij	c	Crnutte sun.	Sag.	25		2	f	
xxiiij	d	Tran.of Fra.	Capz.	9	☾ Last quar.	3	g	
xxv	e	Adelme bish.	Capz.	24	the xxix. day,	4	a	
xxvi	f	Augustine	Aqua.	9	halfe an hour	5	b	
xxvij	g	Corpus Chz.	Aqua.	24	after two of	6	c	
xxviij	a	Terme begin.	Pisc.	8	the clocke in	7	d	
xxix	b	Michomede	Pisc.	22	the mozning.	8	e	
xxx	c	Felix bishop.	Ari.	5		9	f	
xxxi	d	Merius	Aries	18		10	g	

Let Phillebe goe, coole Herbs now take:
Sweet Drinkes and Venus now forsake.

Friday, Sun riseth at 3. and 51. min. sets at 8. and 9. min.
Saterday, Sun riseth at 3. and 48. min. sets at 8. and 2. min.
Sonday, Sun riseth at 3. and 51. min. sets at 8. and 9. min.

i	c	Nichomedes	Taur. 1		11	a
ij	f	Marcelius	Taur. 13		12	b
iij	g	Erasmus	Taur. 25	● Newe	13	c
iiij	a	Petrotius	Gem. 7	moone the v.	14	d
v	b	Bonifacius	Gem. 19	day, at x. of	15	e
vi	c	Melone	Canc. 1	the clocke at	16	f
vij	d	Moisan	Canc. 12	night.	17	g
viij	e	Med. & Gil.	Canc. 24		18	a
ix	f	Tran. Emmu	Leo. 6		19	b
x	g	Juan confes.	Leo. 18		20	c
xi	a	Barnab. con.	Virg. 0	) First quar.	21	d
xij	b	Solum	Virg. 12	the xiij. day,	22	e
xiij	c	Anthony con.	Virg. 25	at midnight.	23	
xiiij	d	Basil bish.	Libr. 8		24	g
xv	e	Vite & Mod.	Libr. 21		25	a
xvi	f	Terme	Scor. 5		26	b
xvij	g	Botulph	Scor. 19		27	c
xviij	a	Exuperius	Sagit. 3	○ Ful moon	28	d
xix	b	K. Iames borne	Sag. 18	the xx. day, a	29	e
xx	c	Edward tran	Capr. 3	quarter of an	30	f
xxi	d	Walburge	Capr. 18	hour after vij.	1	g
xxij	e	Alban mart.	Aqua. 3	of the clock in	2	a
xxiij	f	Judy	Aqua. 18	the euening.	3	b
xxiiij	g	S. Iohn	Pisc. 1		4	c
xxv	a	Tran. of Ele.	Pisc. 17		5	d
xxvi	b	John & Paul	Aries. 1		6	e
xxvij	c	Crescentius	Arie. 14	(Last quart.	7	
xxviij	d	Leonis	Arie. 27	the xxviij. day,	8	g
xxix	e	Peter Paul	Taur. 10	at noone.	9	a
xxx	f	Com. of Paul	Taur. 22		10	b

Eate Sallads freely to coole the Blood;
And bathe in Riuers free from Mud.

1. day, Sun riseth at 4. and 6. min. sets at 8. and 0. min.
10. day, Sun riseth at 4. and 25. min. sets at 7. and 35. min.
20. day, Sun riseth at 4. and 43. min. sets at 7. and 27. min.

i	g	Oct. Iohn bap	Gem.	4		11	c
ij	a	Visit. of Mar	Gem.	16		12	d
iij	b	Tran. of Tho	Gem.	28	● Newe	13	e
iiij	c	Tra. of Mary	Canc.	10	moone the v.	14	f
v	d	Zoe Virgin	Canc.	21	day, at one of	15	g
vi	e	Oct. of Peter	Leo.	3	the clocke af=	16	a
vij	f	Thom. tran.	Leo.	15	ter noone.	17	b
viij	g	Dep. Grimb.	Leo.	27		18	c
ix	a	Tyzil bish.	Virg.	9		19	d
x	b	7. Bzeth. mar	Virg.	21	) First quar.	20	e
xi	c	Tra. of Ben.	Libza.	4	the xiij. day,	21	f
xij	d	Mabor & Fel.	Libz.	16	a quarter of	22	g
xiij	e		Scoz.	0	an houre after	23	a
xiiij	f	Reuell.	Scoz.	14	xi. of the clock	24	b
xv	g	Swithin tra.	Scoz.	28	at noone.	25	c
xvi	a	Osmund tra.	Sag.	12		26	d
xvij	b	Kenelm King	Sag.	27		27	e
xviij	c	Arnolph bish.	Capz.	12	○ Ful moon	28	f
xix	d		Capz.	27	the xx. day,	29	g
xx	e	Margar. virg.	Aqua.	12	halfe an houz	30	a
xxi	f	Praxede vir.	Aqua.	26	after two of	31	b
xxij	g	Mar. Magd.	Pisc.	11	the clocke in	1	c
xxiij	a	Apoline bish.	Pisc.	25	the mozning.	2	d
xxiiij	b	Cristine.	Aries.	9		3	e
xxv	c		Aries.	22		4	f
xxvi	d	Anne Mar. mo	Taur.	6	Last quart.	5	g
xxvij	e	7. Sleepers	Taur.	18	the xxvij. day,	6	a
xxviij	f	Hampson bi.	Gem.	1	at one of the	7	b
xxix	g	Felix & his fel	Gem.	13	clocke in the	8	c
xxx	a	Abdon & Sen.	Gem.	2	mozning.	9	d
xxxi	b	Germane	Canc.	7		10	e

August hath xxxj. dayes.

Fly Phisicke and Phlebotomie, Eschew cold Bathes and Venerie.

1. day, Sun riseth at 4. and 33. min. sets at 7. and 17. min.
10. day, Sun riseth at 5. and 2. min. sets at 6. and 58. min.
20. day, Sun riseth at 5. and 18. min. sets at 6. and 42. min.

i	C	Lammas day.	Canc.	19		11	f
ij	d	Stephen bish	Leo.	1		12	g
iij	e	Inuen. Stee.	Leo.	12	● Newe	13	a
iiij	f	Justine.	Leo.	24	moon the iiij.	14	b
v	g	Gowr. consp.	Virg.	6	day, at foure	15	c
vi	a	Tran. of Chr.	Virg.	18	of the clock in	16	d
vij	b	Feast of Jes.	Libr.	0	he morning.	17	e
viij	C	Cir. & his Fel	Libr.	13		18	f
ix	d	Roman mar.	Libr.	26		19	g
x	e	Laurence ma.	Scor.	9	☽ First quar.	20	a
xi	f	Tiburt. mart.	Scor.	23	the xj. day, at	21	b
xij	g	Clare Virg.	Sag.	7	eight of the	22	c
xiij	a	Sol in Virgo	Sag.	21	clock at night	23	d
xiiij	b	Eusebius.	Capr.	6		24	e
xv	C	Assum. of M.	Capr.	21		25	f
xvi	d	Roch. mart.	Aqua.	6		26	g
xvij	e	Oct. Lauren.	Aqua.	20	○ Ful moon	27	a
xviij	f	Agapit. mart.	Pisc.	5	the xviij. day,	28	b
xix	g	Q. Bohe. bor.	Pisc.	19	halfe an hour	29	c
xx	a	Lewis bish.	Aries.	3	after x. of the	30	d
xxi	b	Barnard	Arie.	17	clocke before	31	e
xxij	C	Priuatus	Taur.	0	noone.	1	f
xxiij	d	Timoth. fast	Taur.	13		2	g
xxiiij	e	Barthol. Ap.	Taur.	26		3	a
xxv	f	Lewis King	Gem.	9	☾ Last quar.	4	b
xxvi	g	Seuerine	Gem.	21	the xxv. day,	5	c
xxvij	a	Rufine mar.	Canc.	3	at eight of the	6	d
xxviij	b	Augustin bish	Canc.	15	clock in the	7	e
xxix	C	Dog day. end	Canc.	27	afternoone.	8	f
xxx	d	Felix & Jud.	Leo.	9		9	g
xxxi	e	Cutbur virg.	Leo.	21		10	a

Now drinke Goats-milke, on ripe Fruits feede;
If neederequire purge, Bathe and Bleede.

1. day, Sun riseth at 5. and 41. min. sets at 6. and 19. min.
10. day, Sun riseth at 6. and 1. min. sets at 5. and 59. min.
20. day, Sun riseth at 6. and 19. min. sets at 5. and 41. min.

i	f	Giles Abbot.	Virg.	3		11	b
ij	g	Anthony ma.	Virg.	15	● Newe	12	c
iij	a	Ordin. Greg	Virg.	28	moon the se=	13	d
iiij	b	Tra. of Cut.	Libr.	10	cond day, at	14	e
v	c	Bertine Abb.	Libr.	23	seuen of the	15	f
vi	d	Eugenius	Scor.	6	clock in the	16	g
vij	e	M. Eliz. born	Scor.	20	euening.	17	a
viij	f	Nat. of Mar.	Sag.	3		18	b
ix	g	Gorgonius.	Sag.	17	) First quar.	19	c
x	a	Silutius bish.	Capr.	2	the x. day, ij.	20	d
xi	b	Proth. & Jac.	Capr.	14	quarters of an	21	e
xij	c	Martinian	Aqua.	1	houre after ij.	22	f
xiij	d	Sol in Libra.	Aqua.	15	of the clock in	23	g
xiiij	e	Holy Crosse.	Pisc.	0	the morning.	24	a
xv	f	Ember week	Pisc.	14		25	b
xvi	g	Edith Virg.	Pisc.	28		26	c
xvij	a	Lambert.	Arie.	12	Moon ● E=	27	d
xviij	b	Vict. & Coro.	Arie.	25	clipsed.	28	e
xix	c	January mar	Taur.	8	Full moone	29	f
xx	d	Eustace.	Taur.	21	the xvj. day, a	30	g
xxi	e	Matthew Ap	Gem.	4	quarter of an	1	a
xxij	f	Maurice	Gem.	16	hour after viij	2	b
xxiij	g	Tecla Virg.	Gem.	29	of the clock at	3	c
xxiiij	a	Andoche mar	Canc.	11	night.	4	d
xxv	b	Firmin. bish.	Canc.	23		5	e
xxvi	c	Cypr. & Just.	Leo.	5	(Last quar.	6	f
xxvij	d	Cos. & Dam.	Leo.	17	the xxiij. day,	7	g
xxviij	e	Exuper bish.	Leo.	29	at xi. of the	8	a
xxix	f	Michael Ar	Virg.	12	clock at noon.	9	b
xxx	g	Hierome.	Virg.	24		10	c

October hath xxxj. dayes.

Strong wines, hot Baches, and Spice that's good
Preserues our health & Purge, and let Blood.

1. day, Sun riseth at 6. and 26. min. sets at 5. and 24. min.
10. day, Sun riseth at 6. and 56. min. sets at 5. and 4. min.
20. day, Sun riseth at 7. and 12. min. sets at 4. and 47. min.

i	a	Remigius	Libr.	7		11	d
ij	b	Leodigar ma	Libr.	20	● Newe	12	e
iij	c	Candide mar	Scor.	3	moone the ij.	13	f
iiij	d	Francis	Scor.	16	day, at nine of	14	g
v	e	Apolinarius	Sag.	0	the clocke in	15	a
vi	f	Faith Virgin	Sag.	14	the morning.	16	b
vij	g	Mart. & Mar.	Sag.	28		17	c
viij	a	Pelagie virg.	Capr.	12	) First quar.	18	d
ix	b	Term begins	Capr.	27	the ix. day, at	19	e
x	c	Geron & bict.	Aqua.	11	ix. of the clock	20	f
xi	d	Michaelus bi.	Aqua.	26	in the morn.	21	g
xij	e	Wilfride	Pisc.	10		22	a
xiij	f	In Scorpio	Pisc.	24	● Ful moon	23	b
xiiij	g	Otholy	Aries.	8	the xvi. day,	24	c
xv	a	Wolfran	Aries.	21	halfe an hour	25	d
xvi	b	Michael mo.	Taur.	4	after viij. of	26	e
xvij	c	Tra. of Eth.	Taur.	17	the clocke in	27	f
xviij	d	Luke Evang.	Taur.	29	the morning.	28	g
xix	e	Frideswide	Gem.	12		29	a
xx	f	Aufrebert.	Gem.	24	(Last quar.	30	b
xxi	g	11000. virgins	Canc.	6	the xxiij. day,	31	c
xxij	a	Mary Solo.	Canc.	18	at vij. of the	1	d
xxiij	b	Roman Arch	Leo.	0	clocke in the	2	e
xxiiij	c	Wagstie bi.	Leo.	13	morning.	3	f
xxv	d	Crisp. & Cris	Leo.	25		4	g
xxvi	e	Ursula virg.	Virgo.	7	● Newe	5	a
xxvij	f	Florence	Virg.	20	moon & xxxi.	6	b
xxviij	g	Simon & Jud	Libr.	2	day, at x. of	7	c
xxix	a	Narcissus	Libr.	15	the clocke at	8	d
xxx	b	German	Libr.	28	night.	9	e
xxxi	c	Quintin	Scor.	2		10	

Nouember hath xxx. dayes.

From cold preserue thy Head and Feet:
Abstaine from Wine that's new and sweet.

1. day,	Sun riseth at 7. and 34. min.	sets at 4. and 26. min.
10. day,	Sun riseth at 7. and 11. min.	sets at 4. and 15. min.
20. day,	Sun riseth at 8. and 30. min.	sets at 4. and 30. min.

i	d	All Saints	Scor.	26		11	g
ij	e	All Soules	Sag.	10	First quar.	12	a
iij	f	Winefride	Sag.	24	the vij. day,	13	b
iiij	g	Amantius	Capr.	8	three quart. of	14	c
v	a	Wonder plot.	Capr.	23	an houre after	15	d
vi	b	Leonard.	Aqua.	8	three of the	16	e
vij	c	Wilfride	Aqua.	22	clocke in the	17	
viij	d	4. Crowned	Pisc.	7	afternoone.	18	g
ix	e	Theodore	Pisc.	21		19	a
x	f	Martin	Aries.	4	Ful moon	20	b
xi	g	Martin bish.	Aries.	18	the xiiij. day,	21	c
xij	a	Sol in Sagitar.	Taur.	1	halfe an hour	22	d
xiij	b	Brice	Taur.	14	after xi. of the	23	e
xiiij	c	Erkinwald	Taur.	26	clock at night	24	
xv	d	Macute bish.	Gem.	8		25	g
xvi	e	Edmu. Arch.	Gem.	20	Last quar.	26	a
xvij	f	S. Hugh bish.	Canc.	2	the xxiij. day,	27	b
xviij	g	Oct. Martin.	Canc.	14	three quart.	28	c
xix	a	Pr. Charls bor.	Canc.	26	of an hour af=	29	d
xx	b	Edmund K.	Leo.	8	ter two of the	30	e
xxi	c	Pres. of Ma.	Leo.	20	clocke in the	1	
xxij	d	Cicely virgin	Virg.	2	morning.	2	g
xxiij	e	Clement bish	Virg.	15		3	a
xxiiij	f	Grisogon ma.	Virg.	27	● Newe	4	b
xxv	g	Katherine	Libr.	10	moon the xxx	5	c
xxvi	a	Linus bish.	Libr.	23	day, iij. quar.	6	d
xxvij	b	Agricola	Scor.	7	of an hour af-	7	e
xxviij	c	Adventus	Scor.	20	ter ix. of the	8	
xxix	d	Cerotend. fast	Sag.	4	clocke in the	9	g
xxx	e	Andrew Ap.	Sag.	19	morning.	10	a

December hath xxxj. dayes.

Use meates that's warme, hot Spice and Wine,
Inuite the Poore to sup and dine.

1. day, Sun riseth at 8. and 10. min. sets at 3. and 50. min.
10. day, Sun riseth at 8. and 11. min. sets at 3. and 49. min.
20. day, Sun riseth at 8. and 0. min. sets at 4. and 0. min.

i	f	Eligius bish.	Capr.	3		11	b
ij	g	Libanius ma	Capr.	18		12	c
iij	a	Dep. of Osm.	Aqua.	3	First quar	13	d
iiij	b	Barbara vir.	Aqua.	18	the vij. day,	14	e
v	C	Sabine Abb.	Pisc.	2	halfe an hour	15	f
vi	d	Nicholas bish	Pisc.	17	before one in	16	g
vij	e	Oct. Andrew.	Arie.	1	the morning.	17	a
viij	f	Conc. of Ma.	Arie.	14		18	b
ix	g	Cyprian Ab.	Arie.	28		19	c
x	a	Eulalie vir.	Taur.	11	Ful moon	20	d
xi	b	Damas. bish.	Taur.	23	the xiiij. day,	21	e
xij	C	Sol in Capric	Gem.	5	at v. of the	22	f
xiij	d	Lucy Virgin.	Gem.	18	clock at night	23	g
xiiij	e	Ochy Virgin	Gem.	29		24	a
xv	f	Ember week	Canc.	11		25	b
xvi	g	O Sapient.	Canc.	24	Last quar.	26	c
xvij	a	Lazarus bish.	Leo.	5	the xxij. day,	27	d
xviij	b	Gratian bish.	Leo.	17	a quart. of an	28	e
xix	C	Venetia vir.	Leo.	28	houre after ix	29	f
xx	d	Julian. fast	Virg.	11	of the clock at	30	g
xxi	e	Thom. Apost	Virg.	23	night.	31	a
xxij	f	30. Martyrs.	Libr.	4		1	b
xxiij	g	Victor Virg.	Libr.	18		2	c
xxiiij	a	Candid. fast	Scor.	1	Newe	3	d
xxv	b	Christin. day	Scor.	15	moon the xxix	4	e
xxvi	C	S. Stephen.	Scor.	29	day, a quarter	5	f
xxvij	d	S. John Eu.	Sag.	13	of an hour af=	6	g
xxviij	e	Innocents.	Sag.	27	ter viij. of the	7	a
xxix	f	Tho. Becket.	Capr.	12	clock at night	8	b
xxx	g	James trans.	Capr.	27		9	c
xxxi	a	Siluester bi.	Aqua.	12		10	d

White. 1624.

A Prognostication for this Yeare of our Lord God. 1624.

Being the Bissextile, or Leape yeare.

Wherein is contained the state of the *whole Yeare, the disposition of each Quarter*, and the inclination of the weather, for euery Quarter of the Moone, throughout the whole yeare.

With the rising and setting of the Planets, Husbandry aduertisements, and other *things fit to be knowne, both pleasant and profitable.*

Also, at the end of the Booke, the whole Almanacke, contained in one leafe for this yeare 1624. which being cut out, is fit to bee placed into a Table-Booke, booke of Accompt, or other.

By Iohn White, well-willer to the Mathematickes.

Imprinted at London, for the Company of Stationers.
1624.

A briefe Computation of time compleate *within this preſent yeare* 1624.

From the Creation of the World vntill this preſent yeare, are contained of yeares.	5586.
From the Creation vntill the generall Deluge.	1656.
From the Creation of the World vntill Chriſt.	3973.
From Noes Flood vntill this preſent yeare.	3934.
Since the birth of Abraham.	3638.
Since the Iſraelites departed out of Egypt.	3132.
Since the deſtruction of the City of Troy.	2807.
Since Brute entred this Iland.	2731.
Since the building of the Temple by Salomon.	2647.
Since the building of the City of Rome.	2375.
Since Nabucadonozar the King.	2371.
Since the Captiuity of Babilon.	2260.
Since the deſolation of the Temple.	2229.
Since the death of Alexander the great.	1948.
Since Iulius Cæſar was ſlaine with Daggers.	1673.
Since the birth of our Sauiour Chriſt.	1624.
Since Ieruſalem was deſtroyed by Tytus Veſpacian.	1541.
Since England firſt receiued the Chriſtian faith.	1444.
Since the Conqueſt of England by Duke William.	653.
Since the ſcience of Printing was firſt inuented.	164.
Since King Henry the 8. conquered Bulloyne.	80.
Since the infectious ſweating ſickneſſe in Edward 6.	73.
Since S. Pauls ſteeple in London fired by lightning.	63.
Since the great Plague at Newhauen and London.	61.
Since the Earles Rebellion in the North.	55.
Since the blazing Starre, and ſharpe Winter.	52.
Since the whole Heauens ſeemed to burne with fire.	50.
Since the deepe Snow.	45.
Since the generall Earthquake in England.	44.
Since the Campe at Tilbury in Eſſex.	36.
Since the beginning of the raine of our King IAMES, the firſt of England, compleate in March the 24. is 21. yeares, but current 22. yeares.	21

A briefe Declaration of the *Disposition of the foure Quarters* of this Yeare 1624.

And first of Winter.

The Winter Quarter best doth prophenate
To all Degrees, and Sexes, their estate.

Sol in Capricorne, Aquarius, Pisces.

WInter Quarter, (the last yeare 1623.) began vpon the twelfe day of December, being fryday, and doth continue till the tenth day of March, being wednesday, this yeare 1624. At which time of beginning, the Sunne entreth into the first minute of the Hyemall and Terrestriall signe Capricorne, and lasteth the time of the Sunnes passage through these three signes, Capricorne, Aquarius, and Pisces.

Vsually this Quarter is by nature cold, and moyst, (of the contrary quality of Summer,) and participateth of the flegmaticke complexion: which element hath chiefe predomination from three of the clocke in the afternoone, till nine at night. Now doth the winds rise, and the seas swell, threatning many dangers to these cold Warriners. Floods abound, and the ayre is very cold and pearsing, and diminisheth the vigour and strength of all liuing creatures, the pores of the earth are now shut vp by the extremity and coldnesse of the ayre; beasts seeke them a shelter, serpents betake them to their dens, foules to the warmest regions, and fishes to the deepest of the waters, for their more warmth and safety: And what the cheerefull Spring and comfortable Sommer doth produce and nourish, this Quarter doth vtterly destroy and vanish: The colder and drier that winter is, it is the more healthfull; yet too much cold killeth Trees in a warme Countrey: Winter moist and warme is no friend to Nature, and an enemy to husbandry; but indifferent store of snow, doth ranken the earth and preserueth corne: For the preseruation of health, it is requisite we should vse such meanes which is of nature hot and dry, and to expell

the cold and vnwholesome ayre, with good fires, warme houses, strong wines, and comfortable broathes; also be carefull to keepe thy head and feete from cold and wet: And now can the body digest more grosse and strong meates then in summer, naturall heate being driuen into the inward parts by the coldnesse of the ayre, comforting the vitall spirits, and helping digestion.

The sicknesses vsually attending on this Quarter, are tramps, goutes, coughes, poses, palsies, cathars, fluxes, sore eyes, rheumes, tooth-ache, sciaticaes, &c.

The Second part of the Yeare called the Spring.

The Spring compared is to Infancy,
To spring and grow in Vertue till we dye.

Sol in Aries, Taurus, Gemini.

The cheerefull Spring beginneth on the tenth day of March, being wednesday, when the bright eye of Heauen entreth into the first degree of the first Equinoctiall signe Aries, continuing the time of the sunnes passage through these three vernal signes Aries, Taurus, Gemini, which Quarter endeth on saterday, the twelfe day of Iune.

The vsuall and naturall quality of this Quarter is to be hot and moyst participating of the sanguine complection, which element doth chiefely rule from nine of the clocke at night, till three of the clocke in the morning; the dayes are now of an equall length, with the nights, and the comfortable sunne seemeth to smile vpon the face of the earth, causing it to produce all kinde of varieties, and the most wholesome and conuenient time to remoone diseases of a long continuance, and to prevent enduing sicknesses: The fowles of the ayre do now couple, the beasts of the earth encreaseth, and fishes of the water do multiply in aboundance, forsaking the deepe to liue in more shallow places; the earth now produceth all sorts of fruites, plants, and hearbes for the vse of man, and beast. The spring ouermuch wet increaseth weeds, and maketh fruite to be scarce and rotten. Let your meates be of a hot and dry quality, and your drinkes more coole and small then in winter: vse bathing, bleeding, purging,

purging, and ſweating if neede require.

The diſeaſes incident to this Quarter are ſmall pockes, meaſels, ſcabs, puſhes in the face, phrenſies, kings-euill, agues, &c.

Of the third part of the Yeare, called Summer.

Like man in his chiefe ſtate and luſty yeares,
The ripening Summer Quarter beſt appeares.

Sol in Cancer, Leo, Virgo.

The Summer quarter beginneth on latter-day, the twelfe of Iune, at which time the Sunne entereth into the firſt minute of Cancer, and continueth the time of the Sunnes paſſage through theſe three Solſtitiall ſignes, Cancer, Leo, and Virgo, and endeth vpon monday the thirteenth day of September.

The naturall quallty of this Quarter is heate and drineſſe, being of the cholericke complexion, which element hath chiefe predomination from three of the clocke in the morning, till nine before noone; the Sunne is now mounted to the higheſt grade of the heauens north-ward, making the dayes longeſt, and the nights ſhorteſt, to vs Inhabitants on that part of the earth: Heate is at the higheſt, flouds loweſt, the ſeas moſt patenteſt, and the winds moſt calmeſt; now hath the earth put on her chiefeſt mantle of her rich embroidery, and diſtributeth her bounty for the vſe and comfort of all liuing creatures; flowers are in their beauty, and fruites in their prime, and the painefull prouident Bees gathereth their hony. The naturall heate is now diſperſed abroad to the outward parts of the body, and man is not ſo hot within as in Winter, neither can hee digeſt ſuch groſſe and ſtrong meates as then; yet the moſt ſmall and coole drinkes are moſt expedient for our healths, and little ſtore of meates doth beſt ſuffice nature, and that which is boyled is the moſt wholſome, and vſe ſuch things as are of a cold and moyſt nature. The ſummer wet putrifieth fruite, and deſtroyeth grayne.

The diſeaſes of this Quarter are peſtilence, feuers, iaundies, agues, griefe of the head and belly, &c.

Of the fourth part of the Yeare, called Autumne or Harueſt.

As Autumne ſteales the ſap from Tree and Flower,
So Death comes creeping neerer euery houre.

Sol in Libra, Scorpio; Sagitari.

AUtumne, or the fall of the leafe beginneth on munday the thirteenth day of September, at the Sunnes entrance into the firſt degree of the ſecond Equinoctiall ſigne Libra, and doth continue the time of the ſunnes paſſage through theſe three Antumnall ſignes Libra, Scorpio, and Sagitari, and endeth vpon Sunday, the twelfth of December.

The nature of this Quarter vſually is to be cold and dry, and of the melancholy complection, which element hath chiefeſt rule from nine of clocke in the morning till three in the afternoone: The dayes are now againe of an equall length to the nights, and now the toyling husbandman reapeth some fruits of his former labours; graſſe is mowed, corne reapes, fruits are gathered, leaues do fall, flowers fade, and the face of the earth looſeth her beauty; flouds do increaſe, and ſpringes decreaſe, all creatures looſe their vigour and ſtrength, and the moſt part of ſenſible creatures ſeeke a refuge againſt the enſuing winter: Of all the Quarters this is the moſt vnwholeſome, and breedeth diuers ſicknesſes, and diſeaſes, therefore beware of the euening and morning cold, and take ſuch things whoſe operation is hot and moyſt.

The ſicknesſes of this quarter are theſe, or the like, as paine in the backe and kidneyes, the ſtone, ſore eyes, melancholy, falling-ſickneſſe, agues, fluxes of blood, fiſtulaes, ſpleene enlarged, &c.

The riſing and ſetting of the Planets, with the diſpoſition of the weather, for euery Quarter of the Moone for this yeare 1624.

Of Ianuary.

♄ Saturne, and ♃ Iupiter, riſeth a little before the ſun ſetteth
♂ Mars, is toward the ſouth at ſun riſing.
♀ Venus, ſhineth very bright towards the weſt, at ſun ſet.
☿ Mercuri, is vnder the ſun beames.
Laſt quarter on ſaterday the iii. day, 22. minuts paſt one of the clocke in the afternoone, windy and wet.
New Moone on ſatterday the x. day 11. minuts paſt iiii. of the clocke in the morning, froſt.
Firſt quarter on ſatterday the xvii. day, at vii. of the clocke in the morning, froſt.
Full Moone on Sunday the xxv. day, 56. minuts paſt xi. of the clocke at noone, faire.

Of February.

♄ Saturne, and ♃ Iupiter, riſeth an houre after the ſun ſetteth
♂ Mars, is fiery red towards the ſouth before the ſunne.
♀ Venus, is very glorious in the weſt after the ſunne.
☿ Mercuri, riſeth a little before the ſunne.
Laſt quarter on Sunday the firſt day 22. min. paſt xi. of the clocke at night, wet.
New Moone on Sunday the viii. day, 17. min paſt iii of the clocke in the afternoone, windy.
Firſt quarter on monday the xvi. day, 53. min. paſt vii. of the clocke at midnighte wet.
Full Moone on twesday the xxiiii. day, 57. min. paſt iii. of the clocke in the morning, froſt.

Of March.

♄ Saturne, and ♃ Iupiter are toward the weſt, at ſun riſing.
♂ Mars, looketh angry ſoutheaſt, before the ſun.

♀ Venus, is our euening starre, shining very bright in the west after the sunne.
☿ Mercuri, followes his maister at the heeles.
Last quarter on twesday the second day, 51. min. past vi. of the clocke in the morning, fayre.
New Moone on twesday, the ix. day, 32. min. past iii. of the clocke in the morning, windy.
First Quarter on twesday the xvi. day, 52. min. past x. of the clocke at night. wet.
Full Moone on wednesday (being eclipsed) the xxiii. day, 15. min. after v. of the clocke at night. windy.
Last quarter on wednesday the xxx. day, 57. min. past xii. of the clocke at noone, frosty.

Of Aprill.

♄ Saturne, and ♃ Iupiter are neere together, past the south at sun rising.
♂ Mars riseth before the Sunne.
♀ Venus, and ☿ Mercuri sets after the Sunne.
New Moone on wednesday the vii. day, 51. min. past iiii. of the clocke in the afternoone, fayre.
First quarter on wednesday the xv. day, 41. min. past v. of the clocke at night, wet
Full Moone on friday the xxiii. day, 43. min. past iii of the clocke in the morning, raine.
Last quarter on thursday the xxix. day, at vii. of the clocke at night, wet.

Of May.

♄ Saturne and ♃ Iupiter, are neere the south at sun rising.
♂ Mars riseth before the sunne.
♀ Venus is our euening starre, setting some two howers after the sunne.
☿ Mercuri sets with the sunne
New Moone on thursday the vii. day 4. min. past vii. of the clocke in the morning, cloudy.

First

First quarter on latterday the xv. day, 16. min. past x. of the clocke in the forenoone, reasonable.
Full Moone on latterday the xxii. day, 5. min. past xii. of the clocke at noone, faire.
Last quarter on latterday the xxix. day, 31. min. past ii. of the clocke in the morning, wet.

Of Iune.

♄ Saturne, and ♃ Iupiter, are southeast before the sunne.
♂ Mars and ☿ Mercuri, are in the east before the sunne.
♀ Venus sets an houre after the sunne.
New Moone on latterday the v. day 52. min. past ix. of the clocke at night, cloudy.
First quarter on sunday the xiii. day, 8. min. past xii. of the clocke at midnight, faire.
Full moone on sunday the xx. day, 16. min. past vii. of the clocke at night, some overcasts.
Last quarter on sunday the xxvii. day, 7. min. past xii. of the clocke at noone, faire.

Of Iuly.

♄ Saturne, ♃ Iupiter, ♂ Mars, and ☿ Mercuri, they rise together before the sunne.
♀ Venus sets an houre after the sunne.
New Moone on monday the v. day, 57 min. past xii of the clocke at noone, wet.
First quarter on tweday the xiii day, 16 min. past xi of the clocke at noone, wet.
Full Moone on tweday the xx day, 21 min. past two of the clocke in the morning.
Last quarter on tweday the xxvii day, at one of the clocke in the morning, faire.

Of Auguſt.

♄ Saturne, ♃ Iupiter, ♂ Mars, ♀ Venus, and ☿ Mercuri, goe to bed with the sunne.

New

New Moone on wednesday the iiii day, 3 min. past iiii of the clocke in the morning, faire.
First quarter on wednesday the xi day, 49 min. past vii, of the clocke in the euening, wet.
Full Moone on wednesday the xviii day, 11 min. past x. of the clocke in the forenoone, cloudy.
Last quarter on wednesday the xxv day, 49 min. past iiii of the clocke in the afternoone.

Of September.

♄ Saturne, ♃ Iupiter, and ♂ Mars, are in the west after the sunne.
♀ Venus, and ☿ Mercuri, are in the east before the sunne.
New Moone on thursday the second day, at viii of the clocke at night, cold.
First quarter on friday the x day, 41 min. past two of the clock in the morning, cloudy.
Full Moone on thursday the xvi day eclipsed, 11 min. past viii. of the clocke at night, wet.
Last quarter on friday the xxiiii day, at xi of the clock at noone rayne.

Of October.

♄ Saturne, ♃ Iupiter, and ♂ Mars are toward the west at sun setting.
♀ Venus, and ☿ Mercuri, riseth before the sunne.
New Moone on saterday, the second day, 9 min. past ix of the clocke in the morning, windy.
First quarter on saterday the ix day, 52 min. past viii of the clocke in the morning, cloudy.
Full Moone on saterday the xvi day, 32 min. past viii of the clocke in the morning, faire.
Last quarter on sunday the xxiiii day, 50 min. past vi of the clocke in the morning, faire.
New Moone on sunday the xxxi day, at x of the clocke at night wet.

Of

Of Nouember.

♄ Saturne, is south at sunne setting.
♃ Iupiter is past the south at sunne setting.
♂ Mars and ☿ Mercuri are in the west at sunne setting.
♀ Venus is our morning starre before the sunne.
First quarter on sunday the vii day, 41 min. past iii of the clock afternoone, windy.
Full Moone on sunday the xiiii day, 26 min. past xi of the clocke at night, frost.
Last quarter on twesday the xxii day, 45 min. past two of the clocke in the morning, frost.
New Moone on twesday the xxx day, 49 min. past ix of the clocke in the morning, faire.

Of December.

♄ Saturne is creeping toward the south at sunsetting.
♃ Iupiter is full south at sun setting.
♂ Mars is south west at sun setting.
♀ Venus is still our morning starre very bright before the sunne.
☿ Mercuri sets presently after the sunne.
First quarter on monday the vi day, 35 min. past xii of the clocke at midnight, wet.
Full Moone on twesday the xiiii day, 57 min. past iiii of the clocke in the euening, windy.
Last quarter on wednesday, the xxii day, 16 min. past ix of the clocke at night, wet.
New Moone on wednesday the xxix day, 20 min. past viii of the clocke at night, frost.

The

The beginning, continuance, and ending of the Kings raignes since the Conquest with the time how long it is since, to this Yeare, 1624.

The Kings names.	Began his raigne.	Raigned yeers.	mon.	day.	Since their Raignes.
Wil. Conq	1066 Octob. 14	20	11	4	537 Septem. 9
Wil. Rufus	1087 Septem 9	12	11	17	523 Auguſt 1
Henry 1	1100 Auguſt. 1	35	4	11	489 Decemb. 2
Stephen	1135 Decem. 2	18	11	8	469 Octob. 25
Henry 2	1154 Octob. 25	34	9	0	434 Iuly 6
Richard 1	1189 Iuly 6	9	9	0	424 Aprill 6
Iohn	1199 Aprill 6	17	7	0	407 Octob. 16.
Henry 3	1215 Octob. 19	56	1	0	351 Nouem 16
Edward 1	1272 Noue. 16	34	8	6	316 Iuly 7
Edward 2	1307 Iuly 7	19	7	5	300 Ianuar. 25
Edward 3	1326 Ianua. 5	50	5	7	246 Iune 21
Richard 2	1377 Iune 1	22	3	4	213 Septe. 25
Henry 4	1399 Septe. 29	13	3	9	211 May 20
Henry 5	1412 March 20	9	5	24	201 Auguſt 31
Henry 6	1422 Auguſt 31	38	6	8	263 March 4
Edward 4	1460 March 4	12	5	1	140 Aprill 9
Edward 5	1483 Aprill 9	0	2	18	140 Ianuary 22
Richard 3	1483 Ianua. 22	2	2	5	138 Auguſt 22
Henry 7	1485 Auguſt 22	23	0	4	114 Aprill 21
Henry 8	1509 Aprill 21	37	10	2	78 Ianuary 28
Edward 6	1536 Ianua. 28	6	5	9	70 Iuly 6
Mary	1553 Iuly 6	5	4	25	66 Nouem. 17
Elizabeth.	1558 Noue. 17	44	4	15	22 March 24.
K. Iames.	1602 March 24				

The Explanation of this Table.

NOte that euery King began his raigne the same time that the next precedent King ended his.

If you desire to know how long it is since the beginning of the raigne of any King, looke how long it is since the ending of the precedent King, and there you shall find your request.

As for example: if you would know when King Henry the viii. began his raigne; how long he raigned, and also how long it is since his raigne: find out first his name amongst the names of the Kings, and searching the row towards the right hand, you shall finde hee began his raigne in the yeere 1509. the 22 of Aprill, and vnder the title of the time that they raigned, is 37 yeeres, 10 moneths, and 2 dayes: And looking forward in the same row where is 78. yeeres, January, 28. vnder the title of since their raigne, and so long it is since he died.

The times of marriage prohibited by *our Church.*

From Aduent Sunday, vntill eight dayes after Twelft day.

From Septuageſſima Sunday, vntill eight dayes after Eaſter.

From the Aſcention day, till Trinity Sunday.

Of two Eclipſes of the Moone, this *preſent yeare*, 1624.

The first Eclips happeneth vpon the xviii. day of march, about a quarter of an houre after fiue of the clocke at night, at which time she shall wholy loose her light, the continuance of which will be neere foure houres, eare she doth full recouer her light againe.

The

The second Eclipse of the Moone.

The second Eclips falleth on the xvi day of September, about a quarter of an houre after viii of the clocke at night, and looseth about halfe her light; and before she doth wholy recouer her light againe, will be fewre houres very neere.

How to iudge what Weather will follow, by the rising and setting of the Sunne.

The Sunne rising bright and cleare, signifieth a pleasant day: If he rise fiery red, it promiseth raine. If in his rising he be thinly ouercast with a cloud, it betokeneth foule weather: If the Sunne driue the clouds before him into the West it signifieth faire weather: If at his rising there appeare a circle about him, and vanisheth away equally, it betokeneth faire weather. Also, if he setteth red, it signifieth faire weather. If at his setting he be of diuers colours, or clouds like water, it threatneth raigne. If at the rising of the Sun, his beames seeme red, or long, or incompassed with red clouds, it signifieth great windes: If at his setting there appeare a thicke myst, or if it raineth in the euening, it threatneth very foule weather to follow. Also, if the Sunne beames be spotted either greene, pale, or blacke, gathered to a cloud, it signifieth raine. The Sun setting cleare without any cloud, it signifieth a faire night to ensue. If the circle, or circles about the sun be cleare, and of no continuance, looke for fayre weather: If there be many circles, it signifieth winds: the redder they are, the more vehement winds. If the circles are heere and there broken, and are thick and blacke, looke for cold winds or raw. Or if he settle behinde a great blacke cloud, raine followeth.

How weather is foreknowne by the Moone.

If the Moone in the third day of her change, or three dayes before her full, or in the midst of the quarter, be found of pure light nothing encompassing her two ends direct vp, shee promiseth fayre weather, but bent to red colour, prouoketh windes. The moone pale, or somwhat blacke or thicke, threatneth raine. When the moone is fiue dayes old, mark the tips of her hornes, if they be blunt it signifieth raine: if sharpe pointed and pricking vpwards, great windes. If in the fourth day after her change she haue a red circle about her, it signifieth winds and raine.

Of

Of the iudgement of the weather by the Starres.

IF the Stars appeare of much light, and seeme to be of more bignesse and blazing then ordinary, it betokeneth great winds and moysture in that part where they seeme so: and in winter great frostes. When dimme Stares appeare with long fiery tayles, it threatneth winds, and great drought: the more in number, the greater will be the effect. Also, when Stars seeme to shoot, or fall, it signifieth great winds in that place: If they seeme to shoot in diuers places, it signifieth diuers winds. If in all places, winds, thunder, and most tempestuous weather.

A short Instruction, and very necessary to know *the times and seasons when to Sow, and replant* all manner of seedes for the Garden.

SOw Cabbages in February, March, or Aprill, in the wane of the Moone: and replant them in the Decrease.

Sow Cabbage Lettuce in February, March, or July, in the old of the Moone.

Sow Onions and Leekes, in February or March, at the wane of the moone.

Sow Beetes in February or march, at a full moone.

Sow Coleworts white and greene, in the middle of August or September: Plant the young ones in October, and set them againe in November.

Sow Parsneps in February, Aprill, or June in a faire day.

Sow Radish in February, Aprill, or June, in the encrease of the moone.

Sow Pumpions, Cowcumbers, Mellons, and Gourdes, in February, March or June, in a hot and faire day.

Sow Spinage in February or March, in the old of the moone.

Sow Parsely, Fennell, and Annis-seed, in February or march at the full of the Moone.

Sow white Cicory in February, March, July, or August, in a full moone.

Sow Cardus-benedictus in February, march, or may, when the moone is old.

Sow Basill in march, in an old moone.

Sow Purselaine in February, in the encrease of the moone.

Sow Margeram, Violets, Time, Flower-gentle, Rosemary, and Lauender, in February, march, or Aprill, in the encrease of the moone.

Sow

Sow Garden-cresses, and Rocket, in February, at the encrease of the moone.

Sow Sauell in February or march, at a new moone.

Sow Saffron in march, when the moone is old.

Sow Coriander, and Borage, in February or march, in the increase of the moone.

Sow Harts-horne, and Samphire, in February, march, or Aprill, in the old of the moone.

Sow Hilliflowers, Harts-ease, and Mal-flowers, in march or Aprill, in an old moone

Sow Cardons, and Artichokes, in Aprill or march, when the moone is old

Sow Chickweed, in February or march, at full of the moone,

Sow Burnet in February or march, when the moone is old.

Sow Hisope and Sauery in march, when the moone is old.

Sow double marygolds in February or march, in the encrease of the moone.

Sow Larkes-foote, Sparges, and Sperage, in February, in an old moone.

Sow white Poppy, and Palma-christi, in February or march, in the encrease of the moone.

Sow all manner of Corne the moone encreasing, she being in Cancer, Libra, or Aquarius.

Set or sow all kind of seedes the moone in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Pisces: But those seedes whose Rootes are round, should be sowen three or foure dayes before, or after the full moone.

Certaine

Certaine, and ſhort Rules, for the comforting of the chiefe officiall members of the *body of Man.*

Things which are good to comfort the head.

LIgnum Aloes, Marioram, Galingale, Muske, Roſemary, Roſes, Camomell, Kew, Frankenſence, Nutmegs, Hyſopt, Balme, Munts, Spike, and Gladen.

Things good for the Eyes.

Fenell, Celendine, Agremony, Eybright, Veruine, Roſes, Cloues, and cold Water.

Things good for the Stomacke.

Nutmegs, Diſzanum, Coral, Wormewood, Quinces, Saffron, Olibanum, Agrimony, Fumetory, Cloues, Lignum aloes, Coriander, Mallicke, and Spodium.

Things good for the heart.

Saffron, Cloues, Cinamon, Coral, Lignum aloes, Mace, Mirabolans, Pearles, Marioram, Muske, Buglaſſe, Nutmegs, Borage, Roſemary, and Setwell.

Things good for the liuer.

Liuerwort, great Raiſons, Wormewood, Agrimony, Saffron, Cloues, Endiue, Sanders, Fennel, Roſewater, Violets, Plantaine, Dragons, and Lettice.

Things good for the Lungs.

Almonds, Dates, Raiſons, Maydenhaire, Licorice, Elicompane, Lungwort, Piſtaces, and Penedies.

Meates hurtfull for the Teeth.

NUts, Meates very hot, Warme drinke, Sweete meates & drinks, Radish rootes, Hard meates, Bitter meates, milke, much vomiting, Leekes, fat of fish, Colworts, & Lemmons.

Things hurtfull to the Eyes:

Garlicke, Onions, Radish, Drunkennesse, Lecherie, sweete and thicke wines, Salt meates, Coleworts, all Pulse, must, wine, Dust, Smoake, Fire, and reading presently after Supper.

A Fingers breadth is foure Barly cornes in thicknes; and an Inch three Barly cornes in length: A hands breadth foure fingers: A span is three hands breadth: A foot is foure hands breadth: A Geometricall Pase is fiue foot: an English pearch is 16½. foot. A Furlong is a hundred and twenty fiue paces, or six hundred and fiue foote: An English Furlong is fiue hundred and threescore foot, or a hundred thirty two paces: A League is a thousand and fiue hundred paces. An Italian mile is a thousand paces, or eight furlongs: A common German mile is thirty two furlongs. An English mile is eight furlongs: An Acre is forty Pearches in length, and foure in breadth.

A short instruction for the Table following.

NOte that the first Columne or row, containeth the names and number of Shires, the second of Cities, the third of Bishoprickes, the fourth of Castles, &c. Now go straight in a line, and you shall easily find the number Alphabetically, aswell for the English as for the Welsh shires: As for example, Buckinghamshire hath no City, no Bishoprick, 11. market Townes, no Castles, 185. Parishes, &c.

A Catalogue

A Catologue of all the Shires, Cities, Bishoprickes, Market-Townes, Castles, Parishes, Riuers, Bridges, Chases, Forrests and Parkes, conteyned in euery particular Shire in the Kingdome of England.

Shires.	Cities.	Bishoprickes.	Market townes.	Castles.	Parishes.	Riuers.	Bridges.	Chases.	Forests.	Parkes.
Barke shire.	0	0	11	2	140	3	7	0	3 4	13
Bedford shire.	0	0	10	0	116	1	6	0	0	12
Buckinhamshi.	0	0	11	0	185	2	14	0	0	15
Cambridge shi.	0	1	6	1	163	1	7	0	0	5
Cheshire.	1	1	9	3	68	9	19	0	2	18
Cornwall.	0	0	23	6	16	7	31	0	0	9
Cumberland.	0	1	8	15	58	20	33	0	3	8
Darby shire.	0	0	8	4	106	13	21	0	1	3
Deuon shire.	1	1	40	3	394	23	106	0	2	23
Dorcet shire.	0	0	18	6	248	4	29	0	0	12
Durham.	0	1	5	4	62	11	20	0	0	21
Essex.	1	0	21	1	415	7	28	0	1	46
Gloceſter shir	1	1	20	1	180	12	22	1	2	16
Hamp shire.	1	1	18	5	248	4	31	0	4	22
Hartford shire	0	0	18	0	120	1	24	0	0	23
Hereford shire.	0	1	8	7	176	13	11	1	2	8
Huntington sh.	0	0	5	1	78	1	5	1	1	7
Kent.	2	2	17	8	398	6	14	0	0	23
Lancashire.	1	0	8	6	36	33	24	0	1	30
Leceſter shire.	1	0	11	2	200	1	10	0	2	13
Lincolne shire.	1	1	26	2	630	9	15	0	0	13
Midleſex.	2	1	3	0	73	1	3	1	0	4
Northamtõshi.	1	1	11	2	326	5	24	0	3	23
Nottingham sh.	1	0	11	0	168	5	17	0	1	18
Northumberla.	0	0	11	12	40	21	16	0	1	8
Norfolke.	1	1	26	0	925	3	15	0	0	0

Shires	C.	Bith.	M. I.	C.	Parri.	R.	Br.	Ch.	F.	Par.
Oxford ſhire.	1	1	19	0	208	3	26	0	4	9
Rutland.	0	0	2	0	47	0	1	0	0	4
Shrop ſhire.	1	0	3	13	170	18	13	0	7	27
Sommerſet ſhi.	3	2	29	1	385	9	45	0	2	18
Stafford ſhire.	1	1	12	5	130	13	19	1	1	38
Suffolke.	0	0	18	1	464	2	32	0	0	27
Suſſex.	1	1	18	1	312	2	10	0	4	33
Surry.	0	0	7	0	140	1	7	0	1	17
Warwicke ſhir.	1	1	12	1	158	7	21	1	4	16
Weſtmoreland.	1	0	4	6	26	8	15	0	0	19
Wilt ſhire.	1	1	21	1	304	5	31	1	2	19
Worceſter ſhir.	1	1	7	3	152	5	13	1	9	16
Yorke ſhire.	1	1	46	14	563	36	62	4	2	72
Angleſey.	0	0	3	0	83	8	2	0	8	0
Brecknocſhire.	0	0	3	4	70	27	13	0	0	2
Cardigan ſhir.	0	0	4	0	77	26	9	0	0	0
Carmarthin ſh.	0	0	6	4	81	20	16	0	4⅓	2
Carnaruon.	0	1	5	3	73	17	6	0	1	0
Denbigh ſhire.	0	0	3	3	53	24	6	0	0⅘	0
Flint ſhire.	0	1	3	4	24	4	2	0	0	2
Glamorgan ſhi.	0	1	7	12	151	16	6½	0	0	5
Montgomery.	0	0	5	3	42	28	6	0	0	1
Monmouth ſhi	0	0	6	7	142	15	14	1	0	8
Merionidth ſh.	0	0	3	2	34	26	7	0	0	0
Penbroke ſhir.	0	1	6	5	142	6	7	0	2	3
Radnor ſhire.	0	0	4	5	43	1	5	0	0	0

A Table to know for euer how long the Moone doth ſhine euery night.

The age of the Moone increaſing.	The houres and minutes that ſhe ſhineth		The Age of the Moone decreaſing.
)	*Houres.*	*Minutes*	(
1	0	48	29
2	1	36	28
3	2	24	27
4	3	12	26
5	4	0	25
6	4	48	24
7	5	36	23
8	6	24	22
9	7	12	21
10	8	0	20
11	8	48	19
12	9	36	18
13	10	24	17
14	11	12	16
15	12	0	15

How to vſe this Table.

LOoke the age of the moone in this Almanacke, or in ſome other made for this yeare, or any other to come, then ſeeke the ſame in this Table, which you ſhall find either in the increaſing or decreaſing, and then in the middle Colume you ſhall without further labour find ſet downe the time of her ſhining.

An Explanation of a new and easie Kallender here following, for this present Yeare.

1624

NOte that every moneth conteyneth three Columnes, (the figures for the number of dayes excepted) the first Collumne toward the right hand conteineth the Weeke dayes and Sunday letter. The second, the Signe wherein the moone is every day. And the third, the Changes and Quarters of the moone. Note that the being placed this way ☽ doth signifie the first Quarter; and this way ☾ the last Quarter. This the full moone ●. And this the new moone ☌. Note also, that the Figure ouer the head of the moone, signifies the houre of her Change; and the Letters underneath, the time afternoone, or after midnight, N. standing for afternoone, till Midnight, and M after Midnight till Noone.

As for example, against the 3. day January, being Saterday, I do find the moone in ♎ Libra, and is thus ☾ characterd, which is the last quarter, at 1. of the clocke afternoone. Againe on the 24 of March, being wednesday, I find the moone in ♎ Libra againe, and is thus ● figured, which is the full moone at 5. of the clocke after noone, which is fine at night, &c.

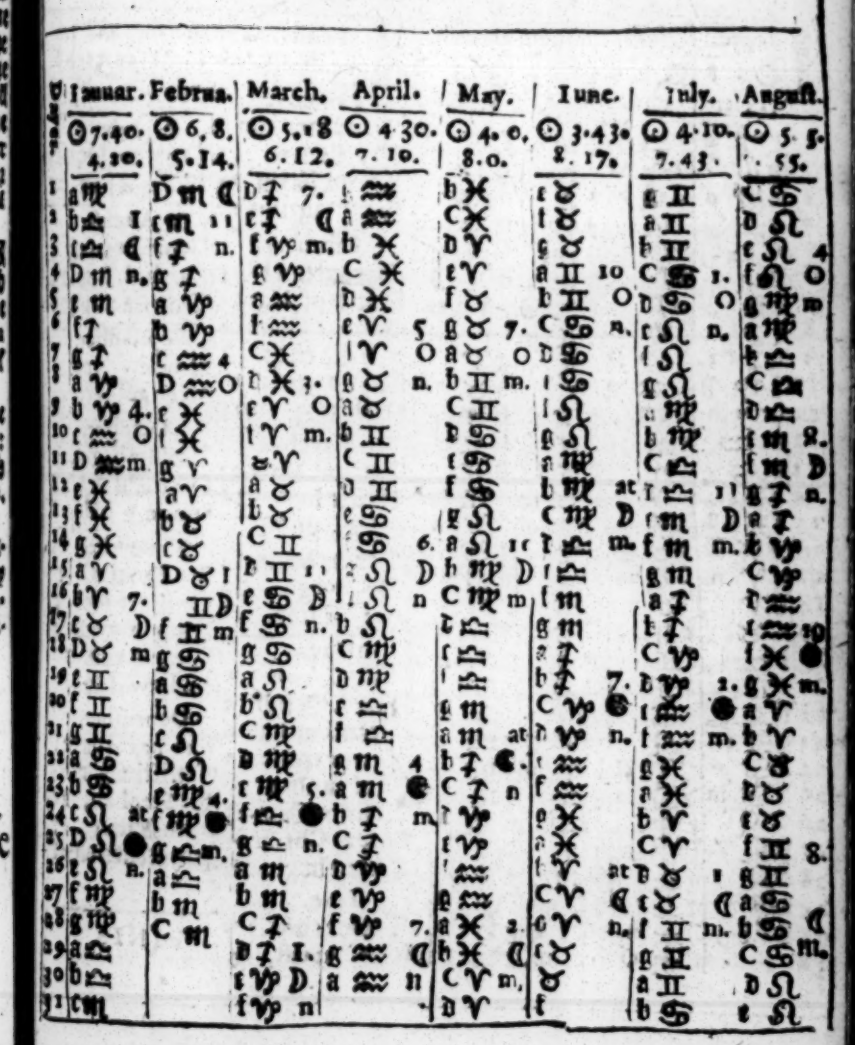
Note also, that at the head of every moneth is placed the rising, and letting of the Sun for the middle of every moneth: As for example, for the middest of march, the ☉ Sun riseth at 5. of the clocke, and 18. minutes, and letteth at 6. and 12. minutes.

It also conteyneth the Holy dayes, and feasts, both moueable and immoueable; with the beginning and ending of every Terme. As Easter day is on the 28. day of March, White sunday on the 16. day of May: Terme begins on the 23. of January, and endeth on the 12. of February, &c.

A briefe

A briefe and easie Kalender for this yeere 1624. which being cut out, is fit to be placed into *any Booke of Accompt, Table Booke, or other, conteyning the whole Kalender, in a short method,*

By Iohn White.



♈. Aries, ♉. Taurus, ♊. Gemini, ♋ Cancer, ♌. Leo, ♍ Virgo, ♎. Libra, ♏ Scorpio, ♐ Sagitary, ♑ Capricorne, ♒ Aquarius ♓ Pisces. The ☽ New Moone The ☽ first Quarter. The ☻ Full Moone. The ☾ Last Quarter. And D. and L. the Sunday Letter.

Dayes.	Septe.		October.		Nouem		Decem	
	☉ 6. 8		☉ 7. 0.		☉ 8. 0.		☉ 8.	
	5. 52.		5. 0.		4. 0.		3. 42.	
1	f ♍	7	g ♎		d ♏		f ♑	
2	g ♍	O	A ♎		e ♐		g ♑	
3	a ♍	n	b ♎	m.	f ♐		a ♒	
4	b ♎		C ♏		g ♑		b ♒	
5	C ♎		d ♏		a ♑		C ♓	at
6	d ♏		e ♐		b ♒	4.	d ♓	D
7	e ♏		f ♐		C ♒	D	e ♈	m
8	f ♐		g ♐		d ♓	n.	f ♈	
9	g ♐	3	a ♑	9	e ♓		g ♈	
10	a ♑	D	b ♑	D	f ♈		a ♉	
11	b ♑	m	C ♒	m	g ♈		b ♉	
12	C ♒		d ♒		a ♉		C ♊	
13	d ♒		e ♓		b ♉	1.	d ♊	☾
14	e ♓		f ♓		C ♉	●	e ♊	●
15	f ♓	8	g ♈	8.	d ♊	m	f ♋	n
16	g ♓	●	A ♈	●	e ♊		g ♋	
17	a ♈	n.	b ♉	m.	f ♋		a ♌	
18	b ♈		C ♉		g ♋		b ♌	
19	C ♉		d ♉		a ♌		C ♌	
20	d ♉		e ♊		b ♌		d ♍	
21	e ♊		f ♊		C ♌		e ♍	☾
22	f ♊		g ♋		d ♍	1	f ♎	n
23	g ♊	11.	a ♋		e ♍	☾	g ♎	
24	a ♋	☾	b ♌	☾	f ♍	m	a ♏	
25	b ♋	m	C ♌	m	g ♎		b ♏	
26	C ♌		d ♌		a ♎		C ♏	
27	d ♌		e ♍		b ♏		d ♐	
28	e ♌		f ♍		C ♏		e ♐	
29	f ♍		g ♎		d ♐	10	f ♑	O
30	g ♍		a ♎	10	e ♐	O	g ♑	n
31			b ♎	n,		m.	a ♒	
			C ♍	O				

The Feasts Mooueable and Immooueable: With the Termes, &c.

Ianuary.

New yeares day 1
Twelfe day 6
Terme begin 23
Septuagesim 25

February.

Seragesim 1 1
Purif. of Mary 2
Shrone Sun. 8
Terme ends 12
Quadragesi. 15
Mathias 25

March.

Annu. of Mary 25
Easter day 28

Aprill.

Terme begin 14
S. George 23
Mark Euan. 25

May.

Phil. & Iacob 1
Rogat. Sund. 2
Ascension day. 6
Terme ends. 10
Whit sunday 16
Trinity Sun. 23
Corpus Christi 27
Terme begin. 28

Iune.

Terme ends, 16
Iohn Baptist, 24
Peter Apost. 29

Iuly.

Dog da. beg. 19
Iames Apost. 25

August.

Gowries consp. 5
Barthol. Apo. 24
Dog da: end, 29

September.

Mathew Apo: 21
Michael Arc. 29

October.

Terme begin, 9
Luke Euan, 18
Simon & Iude, 28

Nouember.

All Saints, 1
Powder plot, 5
Aduent Sun. 28
Terme end. 29
Andrew Apo. 30

December.

Thomas Apo: 21
Christmas da. 25
S. Stephen, 26
Iohn Euang. 27
Innocents da. 28

FINIS.